



CHESTERTON ACADEMY
OF ST. LOUIS

Packing List for Frassati Days

Bring:

- Brown Bag Lunch for Tuesday
- Refillable Water Bottle
- Sleeping Bag + Pillow
- Toiletries & Towel
- Camp Clothes that can get muddy or wet
- Students should wear swimwear along with their regular clothing for Wednesday
- Pants or skirt (for Mass)
- Comfortable Hiking Shoes
- Flashlight or Headlamp
- Rosary
- Bug spray
- Sunscreen
- Mosquito Netting + Push Pins (recommended for bunk)

Do Not Bring:

Do not bring cell phones or any other communication devices. In case of emergency, parents will be able to leave a message for Dr. Schimpf at the main camp office at 618-695-2489, ext. 9, or via his cell phone at 858-431-9480.

Do not bring snacks or keep any food in your backpack so as not to attract critters. If you are bringing food to contribute to the meals, please make sure it is given to a chaperone so it can be appropriately stored.

A Note on Dress:

All clothing must meet the non-uniform guidelines in the Family Handbook. An attachment of those guidelines is provided on the next page. Students will be asked to change if the guidelines are not met.



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GENTLEMEN'S NON-UNIFORM ATTIRE

Gentlemen's non-uniform attire for school-related activities should be appropriate for the occasion, neat, clean and in good condition with no rips, holes or stains. No midriffs showing. Pants must not be worn low. No ratty clothing or anything with holes, rips or stains. No overly tight or overly loose pants. Shorts must be a modest length (mid-thigh or longer). No overly tight or overly loose shirts, and no clothing should display inappropriate writing or symbols.

LADIES' NON-UNIFORM ATTIRE

No overly-tight or overly-loose fitting clothes (this applies to tops and bottoms). No cut-out shoulders or cut-outs in other areas of the body, even if covered by lace or sheer material. Sleeveless is ok if the material is at least 2 inches wide and as long as all back is covered. Front neckline no lower than 4 fingers below the collarbone. Tops of dresses, blouses, and shirts must have a covered back—no halters or plunging v's, and no strapless tops (even if straps have been added later). No patches of see-through lace or lace over skin-colored material. No clothing should display inappropriate writing or symbols. Midriffs must be covered at all times. Pants (including jeans) must fit like trousers and not like leggings. No leggings are allowed unless they are under tops or skirts that touch the knee. Shorts must be a modest length (mid-thigh or longer). No clothing with holes, rips or stains.